*Trigger Warning of Graphic Materials
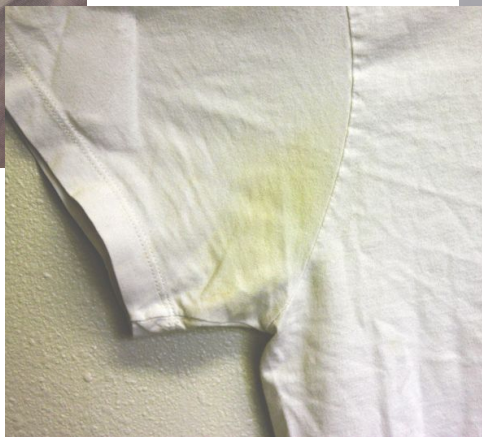
T-Shirt Basic Wear Distressing (sweat) Images:

Blood Stain Images:

Cat Scratches and Animal Attack Images:

Tiger Scratch Marks/Claws Images:

Pregnancy Blood/Birth ("Bloody Show") Images:

Video Links:
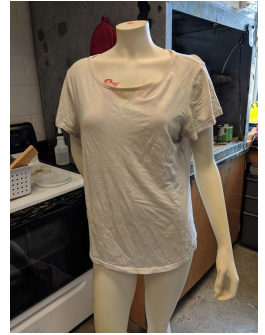Compilation of Large Cats Attacking Humans:
https://ok.ru/video/12115903859
Woman Giving Birth in Street:
https://nypost.com/video/woman-calmly-walks-home-after-giving-birth-in-the-street/

Step By Step Process

#1- First, I acquired a white t-shirt and some old, green, plaid shorts. On either side are the before pictures.

#2- I needed to make these pieces look worn and sweaty. These are both garments that have been worn numerous times so the colors would be dingy.

#3- I mixed up some Dye-Na-Flow in the color Ecru with water, and put it in a spray bottle. I sprayed the shirt in all the places I felt the sweat would pool. The armpits, the upper back, the neckline/chest, the back of the shorts, and the waistband.
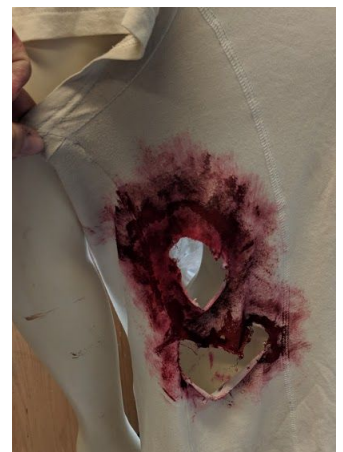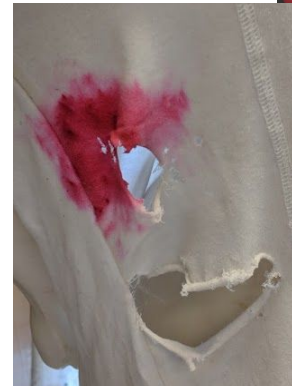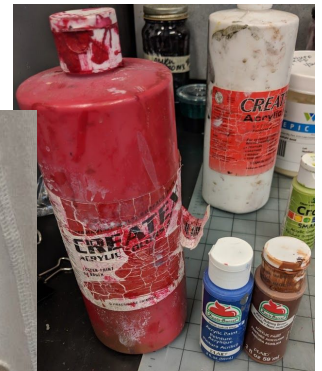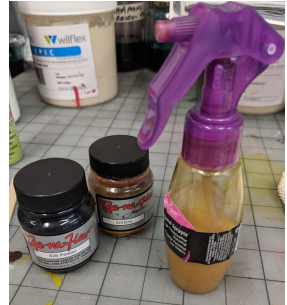
#4- Next I made my "tiger scratches". I used the cat's paw (pun intended) to initially start the holes. In my research, I found that tiger scratches are asymmetrical and jagged.

#5- I tested a couple of blood mixtures for my dried blood. I found that mixing Red Createx Acrylic paint with Cobalt Blue and Nutmeg Brown Acrylic paint gave a nice dried blood effect. I tested it on my test swatch and was happy. However, the fabric was still slightly damp from my sweat mixture when I attempted to put the blood on and it ended up looking too pink. So I let the shirt dry and moved on to the shorts.

#6- Because my character soiled herself, I started putting a very watered down mix of water and Ecru Dye-Na-Flow on the shorts. I did find after this spot had dried, that I did not use enough dye, and had to respray the area.

#7- Once my shirt was dried, I moved back to the blood and the holes. I mixed in a little more blue to my paint and applied it with a sea sponge to give a sporadic, dried blood effect. I also dropped some fresh blood mix (which had no brown and way less blue) with an eye dropper.

#8- While I let that blood dry, I moved on to making the scratches up at the neck. I used the Cat's Paw again, and tried to snag the fabric in a different spots like the nail kept getting caught.

#9- I moved back to my shorts, which I decided would have had dripped blood on them from the side wound the character received. I dropped my blood mixture from the eyedropper from an approximate spot of the wound and let gravity take its course.
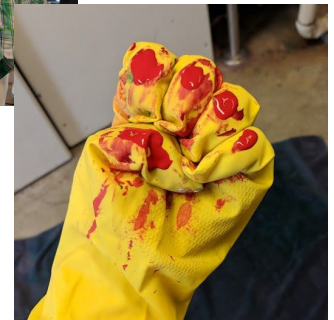
#10- To simulate the effect of this character being pushed on the ground and squirming, I some Dye-Na-Flow in the color Pewter and water to create a light grey color. I liked the texture on my gloves, so I just applied some with a brush and scrunched and rubbed my hands down like someone sliding. I also used a hand cheese grater in downward strokes to create texture.

mixed up

#11- Thinking about where the tiger's paws would be once it had my character down on the ground led me to believe that there would be a sort of paw print on the shorts somewhere. I used the blood I mixed up with my gloved hand in a fist, which almost resembled a paw. I didn't want it to look too over-the-top, so a rough idea seemed logical. I applied this mark on the lower left leg of the pants. I also did a dry brush effect with my fist at the top waistband, where I think a slightly dryer paw would've touched as well.

#12- I jumped back to my shirt and began bloodying the neck wound area similarly to how I did the side wounds, with a sea sponge and eye dropper.

#13- I took a good look at my shirt and decided that the side wounds weren't reading enough as a scratch. So I decided to go in with an xacto blade and cut a very tiny hole to add more variety in the style, as well as to offset the even number of scratches.

#14- I applied a little more blood to the newly cut area and moved back to my shorts. I found that jumping between the two projects allowed for ample dry time to prevent the pink spill out I had previously dealt with.
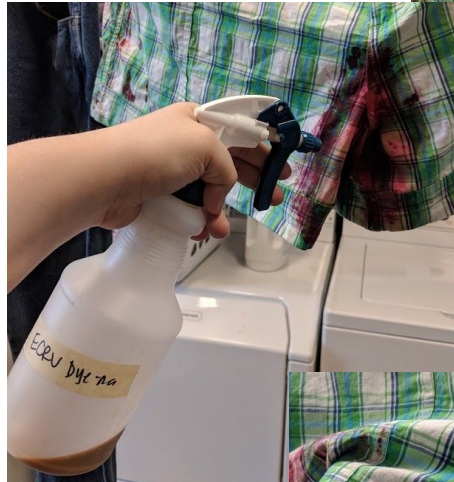
#15- I applied the Pewter/ Water dye mixture with a dry brush onto the pants in a dragged motion to further simulate the blacktop ground she was pushed onto. I also did this effect on the front of the white shirt to give an additional layer to the gray.
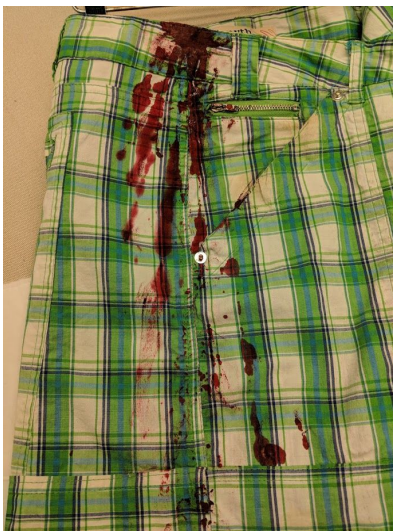
#16- I moved back to the crotch of the shorts and sprayed it with more Ecru dye and dabbed more blood in the area. I decided that this area needed to be more dramatic. I also realized that I needed to spread my stains more to the back, because if you pee your pants, it travels all over but goes down and spreads.

#17- I then decided that I needed a fresher, wetter blood effect. I tested a sample using the foil adhesive over top of the blood, and it was a winner. I applied the foil adhesive to the outlines of my scratches on the shirt, and a little trickling down to the top of the shorts, as well as the crotch. I applied a lot of this product to the crotch of the pants to simulate bloody discharge that occurs during early labor.

#18- I heat-set the foil adhesive with an iron using both a pressing cloth on the table and the iron to prevent paint and adhesive transfer. She's ready to go!